

A safe heaven in a world full of shifting paradigms

By Caroline Mutheu, Foxfires Supervisor ,AE Kenya

Youth Empowerment is a crucial and important pillar to bridging important aspects of life to the young people.

It integrates all arenas connected to their physical wellbeing, social life, mental health, spiritual life as well as their purpose and meaning of existence.

Youth Empowerment I believe is a tool that is very crucial to have in any organization to ensure that the burden of as aforementioned is passed in a very intentional way.

It is a bridge to have the senior leadership and the staff mentor, guide and shape a youth that are ready to take the market, the church, the society and the country by a great storm of accomplishments. This is through excellence, commitment, stewardship and moreso representing Christ in all spheres with oomph and vigor.

The Foxfires Youth empowerment is present to address and fill the gap of lack or no of mentorship and guidance of the young people in transition to their higher life phases with a foundation of Biblically based teachings, Soft skills empowerment, Leadership and Stewardship.



They are Promising Change agents trained to be transformative leaders wherever they will be in their lives, either in the marketplace or serving in Christian settings.

The Objectives of the Youth Empowerment is to:

- Improve the Social Skills
- Improve Behavior
- Increase confidence in academic accomplishments and guide in career choice and development
- Increase and boost self esteem
- Increase in self efficacy of the young people
- Brooding a dependable young people and responsible citizens of a country.
- Develop good health, positivity, self-control, communication skills, intellectual skills, decision making skills, life-coping skills and a moral outlook of life.

With more than 20 percent of the overall population of Kenya being the youth, this offers a potential force of a successful country in the near future but this is if the young people are steered on the right boat.

The Youthful population comes with its challenges. Some of which are: Drug and Substance abuse, the adverse sexuality worldviews, Risks of Teenage Pregnancy, Crime, Unemployment, a thirst and need for mentorship and guidance.

This therefore calls for an agent that grants and guides through safe transitions into adulthood and successful life.



The bible in 1st and 2nd Timothy, Paul charges Timothy on gathering courage and strength twenty-five times in preparation of his work at Ephesus. The youth need a leader like Paul to very intentionally encourage them into their God-given life purpose.

Foxfires Kenya is a haven that upholds Integrity and Principles that steer the young people into a life that is definitely set to succeed. Intentional Mentorship is also a very key pillar in the Program.

The Foxfires Youth Empowerment Program in Kenya is a seven-month tenure that involves great exposure to ministry, soft skill training, team building and preparation to transition into adulthood and life in general. It is a place of fun and yet personal growth in one's relationship with God.

The team (usually a minimum of 10 and a maximum of 20) is taken through well thought theoretical and practical training that involves working with schools, churches, hospitals, prisons, other para-church organizations and rehabilitation centres.

We are called to safeguard the world's future sanity and moral protection by being at the forefront to show the youth the right way to go as they embrace their callings.

I pray that all the Kenyan youth and the youth in the entire world will be protectors of the mysteries of God and his precepts to thousands and thousands of the coming generations.

Miles on, let's fix our eye on Jesus as he steers the wheel of salvation across the globe. May God be pleased to secure the remnant that will carry his marvellous light and banner up high confidently and fearlessly into the darkness!